Sacred Sexuality

The Complete Illustrated Kama Sutra

LANCE DANE

Written almost 2,000 years ago, the Kama Sutra deals with all aspects of sexual life, and how to best achieve ecstatic expression of life's beauty. Alain Daniélou's new translation preserves the full explicitness of the original.

$19.95, paper, 376 pages, 6 x 9
$29.95, hardcover

Sacred Sexuality in Ancient Egypt

The Erotic Secrets of the Forbidden Papyrus

RUTH SCHUMANN ANTELME and STÉPHANE ROSSINI

In this book, the first to fully explore Egyptian sexual philosophy and practices, Egyptologist Ruth Schumann Antelme provides us with a new view of the sexual life of the ancient Egyptians. Richly illustrated throughout, Sacred Sexuality in Ancient Egypt explains the symbolism of the erotic scenes illustrating the Turin Papyrus, which have long been kept from public view.

$24.95, paper, 264 pages, 8 x 10
283 b&w and 24 full color images

Sexual Reflexology

Activating the Taoist Points of Love

MANTAK CHIA and WILLIAM U. WEI

The most powerful reflex points on the body are on the sexual organs. While the practice of reflexology is normally associated with massage of the feet, in Sexual Reflexology Mantak Chia gives applications for using the sexual reflex points in lovemaking, transforming sexual intercourse into a form of ecstatic acupressure.

$18.00, paper, 208 pages, 8 x 10
214 b&w illustrations

The Complete Kama Sutra

The First Unabridged Modern Translation of the Classic Indian Text

Translated by ALAIN DANIELLOUIS

The oldest and most widely read guide to the pleasures of sexuality, the Kama Sutra deals with all aspects of sexual life, and was compiled from texts dating to the fourth century B.C. In contrast to the only previously available version, Alain Danielou's new translation preserves the full explicitness of the original.

$19.95, paper, 376 pages, 6 x 9
$29.95, hardcover

Healing Love through the Tao

Cultivating Female Sexual Energy

MANTAK CHIA

For thousands of years the sexual principles and techniques presented in this book were taught by Taoist masters secretly in the royal courts and esoteric circles of China. This is the first book to make this ancient knowledge available to the West. Mantak Chia teaches powerful techniques to revitalize women's physical, mental, and spiritual well-being.

$16.95, paper, 388 pages, 6 x 9
147 b&w illustrations

Available from your Sales Representative or wholesaler, or from Inner Traditions • Bear & Company
P.O. Box 388, Rochester, VT 05767 • sales@InnerTraditions.com
1-800-246-8648 • www.InnerTraditions.com • fax 802-767-3726
An Encounter with Absolute Love
DANIEL ODIER
The author tells of his search for spiritual-ity and passion with a Tantric yogini who taught him the divine nature of love.
$14.95, paper, 192 pages, 5 1/4 x 8 1/4

The Sexual Teachings of the Jade Dragon
TAOIST METHODS FOR MALE SEXUAL REVITALIZATION
HSI LAI
A companion guide to The Sexual Teachings of the White Tigress, this book reveals how the sexual practices of the Taoist Jade Dragon can help men achieve "immortality" through the enhancement of their sexual prowess.
$16.95, paper, 256 pages, 6 x 9
9 b&w illustrations

The Sexual Teachings of the White Tigress
SECRETS OF THE FEMALE TAOIST MASTERS
HSI LAI
Unlike other Taoist texts, The Sexual Teachings of the White Tigress presents traditions that focus on women, traditions that stem from a long line of courtesans and female Taoists. Translations of the ancient teachings from a rare White Tigress manual dating back 3,000 years explain the sexual and spiritual refinement of the Three Treasures of Taoism and the secret to unlocking eternal youthfulness and immortality.
$19.95, paper, 280 pages, 6 x 9

Tantric Orgasm for Women
DIANA RICHARDSON
Exploring Tantra from the female perspective, Diana Richardson reveals the critical role of receptive feminine energy. Her 20 years of tantric research provides an understanding of how women can exert a powerful influence on their sexual experiences when they understand the inner workings of their bodies and avoid adopting conventional ideas about what should be satisfying to them.
$14.95, paper, 224 pages, 6 x 9
41 b&w illustrations

Tantric Secrets for Men
WHAT EVERY WOMAN WILL WANT HER MAN TO KNOW ABOUT ENHANCING SEXUAL ECSTASY
KERRY RILEY with DIANE RILEY, co-creators of The Secrets of Sacred Sex video
From the expert teachings of a committed couple practicing and teaching ecstatic sexuality in a modern-day context, men will learn how to satisfy a woman on the levels of body, heart, and soul—and how to bring themselves to new heights of ecstasy in the process.
$18.95, paper, 272 pages, 6 x 9
17 b&w illustrations

The Sexual Teachings of the White Tigress
SECRETS OF THE FEMALE TAOIST MASTERS
HSI LAI
Unlike other Taoist texts, The Sexual Teachings of the White Tigress presents traditions that focus on women, traditions that stem from a long line of courtesans and female Taoists. Translations of the ancient teachings from a rare White Tigress manual dating back 3,000 years explain the sexual and spiritual refinement of the Three Treasures of Taoism and the secret to unlocking eternal youthfulness and immortality.
$19.95, paper, 280 pages, 6 x 9

Tantric Awakening
A Woman’s Initiation into the Path of Ecstasy
VALERIE BROOKS
This is the story of a 19-year-old girl, disillusioned by the questions that her religion and society fail to answer: who courageously enters the sensuous rituals of tantric sex. In search of authentic knowledge, Brooks was admitted into secret societies where she learned firsthand the ways of the tradition from Tantric adepts.
$14.95, paper, 176 pages, 6 x 9

Tantric Quest
An Encounter with Absolute Love
DANIEL ODIER
The author tells of his search for spiritual-ity and passion with a Tantric yogini who taught him the divine nature of love.
$14.95, paper, 192 pages, 5 1/4 x 8 1/4

Desire
The Tantric Path to Awakening
DANIEL ODIER
Nothing can match the explosive energy created in the body by pure desire. Exploring the subtle techniques of Tantra that enable the seeker to attain the triple mastery of the breath, thought, and the natural processes of the body, Desire reveals many of the secret practices that have been passed down in the major Tantric treatises.
$14.95, paper, 192 pages, 5 1/4 x 8 1/4

Sexual Secrets: Twentieth Anniversary Edition
THE ALCHEMY OF ECSTASY
NIK DOUGLAS and PENNY SLINGER
Revised and redesigned in full color, the #1 bestselling book on sex and mysticism covers the philosophy, psychology, art, theory, and practice of Eastern sexuality.
$30.00, paper, 352 pages, 8 1/2 x 11
199 color and 401 b&w illustrations
Kundalini
The Arousal of the Inner Energy
AJIT MOOKERJEE
An important scholar of the sacred texts of India examines modern accounts of the Kundalini experience. Beautifully illustrated in color with Indian tantric art.
$16.95, paper, 112 pages, 7 x 10
16 color and 46 b&w illustrations

Eros, Consciousness, and Kundalini
Deepening Sensuality through Tantric Celibacy and Spiritual Intimacy
STUART SOVATSKY, Ph.D.
In this extraordinary celebration of the erotic, Dr. Stuart Sovatsky introduces us to the Tantric art of sexual sublimation. Exercises based on yoga, kundalini, and chakra meditation help readers learn to harness the divine energy at the heart of all erotic yearning, while exploring the intimate relationship between spirituality and sexuality.
$22.95, paper, 224 pages, 8 x 10
30 b&w illustrations

Eros and the Mysteries of Love
The Metaphysics of Sex
JULIUS EVOLA
A comprehensive work on the metaphysical aspects of sexuality. Julius Evola sheds new light on the mystical and spiritual expression of sexual love. This in-depth study explores the sexual rites of sacred traditions, and shows how religion, mysticism, folklore, and mythology all contain erotic forms in which the deep potentialities of human beings are recognized.
$16.95, paper, 336 pages, 6 x 9

Courtly Love
The Path of Sexual Initiation
JEAN MARKALE
Jean Markale shows that the roots of the ritual of courtly love re-created here go all the way back to the great mother goddess. In addition, the platonic nature attributed to these relationships is based on a misunderstanding of courtly love: underneath the refined poetry of the troubadours’ verses flourished a system of sexual initiation that rivaled Indian Tantra.
$16.95, paper, 248 pages, 6 x 9

Earth Honoring
The New Male Sexuality
ROBERT LAWLOR
Draws from Taoist, Tantric, and tribal teachings to reveal specific techniques men can use to direct their quest for power into constructive channels, and an ecstatic and compassionate experience of their life-force energies. Robert Lawlor proposes that only a deep transformation in the expression of our sexual energy can lead humanity to a regeneration of the human spirit.
$12.95, paper, 208 pages, 6 x 9

The Illustrated Kama Sutra • Ananga-Ranga • Perfumed Garden
Translated by CAPTAIN SIR RICHARD F. BURTON and F. F. ARBUTHNOT
Selections from three Eastern love texts in one volume, handsomely illustrated with a unique collection of Indian art.
$24.95, paper, 160 pages, 8 1/4 x 11
100 color plates

The Perfumed Garden
Translated by CAPTAIN SIR RICHARD F. BURTON
From 16th-century Arabia, The Perfumed Garden - for the Repose of the Mind is a classic work of Arab erotica offering a uniquely entertaining collection of tales filled with frank and sound advice on sexual relations, accompanied by rare and previously unpublished erotic paintings and reproductions of exquisite tilework and friezes.
$19.95, paper, 96 pages, 9 x 9/3
50 color plates

The Erotic Sentiment in the Paintings of China and Japan
NIK DOUGLAS and PENNY SLINGER
In Eastern cultures, it was customary to present collections of erotic art called pillow books to newlyweds. This full-color edition showcases the finest examples of this art from China and Japan, accompanied by selections of Taoist verse.
$16.95, paper, 80 pages, 8 x 10
65 color plates

The Erotic Sentiment in the Paintings of India and Nepal
NIK DOUGLAS and PENNY SLINGER
The variety of pillow books represented here bring together some of the finest examples from India and Nepal, including pieces from the private collection of a Nepalese king. Accompanying these exquisite reproductions are commentaries and translations of verse from authentic Tantric treatises. Together with the paintings, they elevate physical love to the spiritual realm of joyous ecstasy.
$16.95, paper, 80 pages, 8 x 10
66 color plates

The Path of the Mystic Lover
Baul Songs of Passion and Ecstasy
BHASKAR BHATTACHARYYA with Nik Douglas and Penny Slinger
Carrying on the living tradition of mystic minstrels, the Bauls roam the countryside of eastern India enacting the spiritual love dalliance of Radha and Krishna through songs and dances. The Path of the Mystic Lover explores the Bauls’ lifestyle and philosophy, describing their sexual and ritual practices as well as their sacred teachings.
$19.95, paper, 224 pages, 8 x 10
100 b&w illustrations
Addiction-Free—Naturally
Liberating Yourself from Sugar, Caffeine, Food Addictions, Tobacco, Alcohol, and Prescription Drugs
BRIGITTE MARS
Addiction-Free—Naturally offers information on gentle but effective ways to ease cravings and nourish the body, as well as on cleansing the body of accumulated toxins and using natural remedies for stress relief.

Author Brigitte Mars will be holding a workshop at the conference on Sacred Sexuality

Featured presenter