

Subject: Norman Shealy at Science and Consciousness Conference

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Norman Shealy will be presenting at The Ninth International Conference on Science and Consciousness in Santa Fe, New Mexico, USA, April 20 - 25, 2007.

Norman Shealy, MD, PhD, neurosurgeon, founding president, American Holistic Medical Association, cofounder, International Science of Mind Church for Spiritual Healing, President, Holos University Graduate Seminary, introduced Transcutaneous Electric Nerve Stimulation (TENS), holds 10 patents, author, "Life Beyond 100," "Secrets of the Fountain of Youth," "Soul Medicine" and 20 other books.

Dr. Shealy is one of the world's leading experts in pain management. He was among the first physicians ever to specialize in the resolution of chronic pain. A pioneer in developing safe and effective treatments such as Biogenics, he founded, in 1971, the first comprehensive pain and stress management facility in the country, The Shealy Institute, respected world-wide for its innovative and successful rehabilitation approaches.

Norman's intensive pain and stress management research has resulted in numerous pioneering treatments. His published works total over 275. He has acted as consultant to leaders in every specialty, including the personal physicians of Presidents Kennedy and Eisenhower.

He says that, "While the science of medicine is indispensable to the physician, it is the art of practicing medicine that heals the human body and soul."

In Norman's workshop, "Life Beyond 100: Youthful Aging," you will be introduced to an overview of health, dis-ease, premature death and why people die an average of 28 years prematurely. His goal is to motivate healthy behavior consciousness.

In this workshop you will learn how to use mental approaches for optimizing DHEA, Calcitonin and free radicals, list the four most crucial health habits, and understand the need for radical changes in health behavior.

In Norman's keynote address, "The Consciousness of Health and Longevity," he will discuss how the average life expectancy in the U.S. of 78 years is shortened by unhealthy life choices. Less than 3% of Americans have the 3 essential health habits: Mass Index of 19-24; 5 servings of fruits or vegetables daily; exercise at least 30 minutes 3 times weekly. Beyond these minimal common-sense habits, there are many other attitudes that can enhance health. Norman will introduce you to natural and safe choices for optimizing cholesterol including High-Sensitivity C-Reactive Protein, homocysteine, DHEA, and Calcitonin and for reducing free radicals - all of which represent opportunities for enhancing health and longevity.

Norman's goal in this keynote is to motivate health consciousness. During his presentation you will learn how to apply techniques for optimizing DHEA, learn specific methods for reducing free radicals, and learn how to integrate health practices which enhance mood.

Other esteemed presenters at this conference include Dean Radin, Judith Orloff, Joyce Hawks, John Demartini, David Abram, Leonard Horowitz, Paul Scheele, David Simon, Konstantin Korotkov, Kam Yuen, Eric Pearl, Russel Targ, Christine Page, Lynne McTaggart, Mitchel Gibson and 28 other presenters. A delegation of Shamans from Mongolia will also be attending.

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