

Cynthia Snodgrass at Sound Healing Conference

Cynthia Snodgrass will be presenting at The Second International Sound Healing Conference in Santa Fe, New Mexico USA, November 8 - 12, 2007.

Cynthia has devoted herself to the sacred sounds of Sanskrit, having trained extensively at the American Sanskrit Institute, where she is the Senior Instructor, and at Harvard University. She is founder of the Sacred Sound Institute, dedicated to education and advocacy concerning the spiritually therapeutic benefits of sacred sound and music. She is author of "The Sonic Thread: Sound as a Pathway to Spirituality," and producer/artist on "Waters from the Son/Moon: An Altar of Sound and Dream Chants," CDs that combine Gregorian chant from the West and Sanskrit chants from the East. She has recently initiated the "Essential Sanskrit Series (Vol. I Essential Sanskrit for Yoga Posture Pronunciation; Vol. II Sanskrit Prayers and Invocations)."

In Cynthia's workshop "Applying the Healing Sounds of Sanskrit," you will be introduced to the ancient sacred language of Sanskrit. Sanskrit is the language of mantra, yoga, and healing. Many of the world's scriptures that concentrate on consciousness and healing are chanted in Sanskrit and were orally transmitted through this vibratory medium.

Through careful alignment with these sounds, directed through proper placement, the vibratory qualities of Sanskrit can have a profound affect on your body, emotions and spirit. Awareness of this practice refines your inner hearing, aligns the energy fields around you, and thus, increases your ability to produce these sounds for healing purposes.

Awareness of the subtleties of even the simplest sounds can increase your ability to perceive how these sounds are made and how, when chanted, they can bring healing and alignment to yourself and to others. An ancient and sacred practice, the chanting of Sanskrit continues to transmit its ability to heal, to soothe, to energize, and to align us today.

As a participant in this session, you will deepen your awareness of the sounds of Sanskrit and refine your chanting of mantra. You will learn to understand the correct placement of the sounds of the Sanskrit alphabet, align the body's energy fields through the chanting of mantra, and refine your inner hearing with the awareness of how the sounds of Sanskrit can bring healing and alignment to you and to others.

Other esteemed presenters at this conference include David Darling, Masaru Emoto, Jonathan Goldman, Layne Redmond, Barbara Crowe, Jeffrey Thompson, Master Song Park, Randy Masters, Hasu Patel, Don Campbell, Silvia Nakkach, Steven Halpern, Pierre Sollier, Arthur Harvey, Onye Onyemaechi, Christina Tourin, Wayne Perry, Freddy Silva, Joshua Leeds and many other presenters.

Come celebrate yourself with morning Sound Healing and Movement classes, Chanting and Improvisation classes, 5 special evening events and much more. Recharge your spirit!

AND - 19.5 CEs are available for those that need them.

For more information or to sign-up, contact:

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