



## Cynthia Snodgrass at Sound Healing Conference



**Cynthia Snodgrass** has devoted herself to the sacred sounds of Sanskrit, having trained extensively at the American Sanskrit Institute, where she is the Senior Instructor, and at Harvard University.

She is founder of the Sacred Sound Institute, a non-profit organization dedicated to education and advocacy concerning the spiritually therapeutic benefits of sacred sound and music. She is author of *The Sonic Thread: Sound as a Pathway to Spirituality* and producer of CDs that combine Gregorian chant from the West and Sanskrit chants from the East. She has recently initiated the *Essential Sanskrit Series (Vol. I Essential Sanskrit for Yoga Posture Pronunciation; Vol. II Sanskrit Prayers and Invocations)*.

Cynthia will be presenting an experiential workshop at The International Sound Healing Conference in Santa Fe, New Mexico, USA, November 10 - 14, 2006.

In her workshop, Sacred Weavings of Ritual Sound, she will present how ancient poet-sages of the Rig Veda speak of the universe as a closely inter-connected net of relations, created from the divine energies of Sanskrit sound. To know these energies is to know the Divine. These sounds, intoned in outward ritual, weave together the worlds of earth and heaven. Later, tantric practitioners employed the same Sanskrit sounds to perform inner rituals of purification, enlightenment, and release. The practices of Vedic and Indic mantra are ancient, varied and profound.

All mantra is grounded in the Sanskrit alphabet and its sounds. This workshop

will teach the energetics of Sanskrit, its basic positionings and proper pronunciation. Cynthia will also offer the opportunity of chanting with the seed syllables (mantras) of the alphabet in an experiential practice of sound meditation.

Experience how the vibrations of the seed mantras effect the energetics of the physical, emotional, and spiritual bodies, and experience the Sanskrit language as a vehicle for transcendence and enlightenment.

Other esteemed presenters at this conference include Don Campbell, Joshua Leeds, Sharry Edwards, Jill Purce, John Diamond, Fabien Maman, Jonathan Goldman, John Reid, Dorrine Davis, Master Charles Cannon, John Beaulieu, Pat Moffitt Cook, Christine Stevens, James D'Angelo, Silvia Nakkach and many, many more.

Come and celebrate yourself with morning Nia classes with the founders of Nia, Chanting classes, 5 special evening events and much more. Recharge your spirit!

AND - CEs are available.

For more information or to sign-up, contact:

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